

Ballandean State School-Lunch Day

Summer Menu-2009



Snacks		Main Meals	
Sao Biscuits (x2) (A)		Lasagne & Salad (G)	\$3.00
With cheese and Tomato	50cts	Quiche & Salad (G)	\$3.00
With Vegemite & cheese	50cts	Healthy Choice party Pies (x2) & Salad (A)	\$1.50
Home Made Muffins(fruit) (A)	50cts	Meat Pie –Traveller (A)	\$2.00
Sultanas –Small box (G)	50cts	Chicken Nuggets (x3) (A)	\$1.00
Fruit Salad Cup(G)-Plain	\$1.00	With Salad	\$1.50
-With Yoghurt	\$1.50	Potato Gems Plain(A)	\$1.50
		With low fat Sour Cream	\$2.00
		With Light Cheese	\$2.00
Drinks & Ice-Blocks (A)		Chicken Burger- with Lettuce and Mayo (A)	\$3.00
Berri Juice (pop top)- orange or apple	\$1.50	Pizza Pockets - Ham & Pineapple (A)	\$2.00
Playwater	\$2.00		
Flavoured Milk (Choc or Strawberry)		Sushi (G) Tuna	\$2.00
Rugrat Ice Blocks (colour-free)	50cts	Teriyaki Chicken	\$2.00
Quelch Iceblocks	50cts	Avocado	\$2.00
Frozen Yoghurt Cups	\$2.00		
		Vietnamese Spring Rolls (2 rolls) (G)	\$2.00
Sandwiches (G)		<i>(Rice paper, Rice Noodles, vegetables & Chicken)</i>	
Chicken	\$1.50	Salad Cups-Layered Garden Salad (G)	\$2.00
Chicken & Salad (Cheese 50c extra)	\$2.00	With chicken, ham or egg	\$2.50
Cheese	\$1.50		
Cheese & Salad	\$2.00	Extras	
Ham	\$1.50	Tomato Sauce	20cts
Ham & Salad (Cheese 50c extra)	\$2.00	Sweet Chilli Sauce	20cts
Ham & Cheese	\$2.00	BBQ Sauce	20cts
Egg & Lettuce	\$2.00		
Salad	\$1.50		
Tuna, Corn & Mayonnaise	\$2.00		
<i>Salad is Tomato, Cucumber, Lettuce, Carrot</i>			
NB: Wholemeal Bread Only			

. Green Foods(G)-Eat plenty

Amber Foods (A)- Select Carefully

When ordering please use paper bags, write your child's name, class and order on the bag and enclose money for payment inside.

Lunch day will be every Friday, commencing on March 13th. All food is provided at the first break (11am).

All orders must be received by 9am on the Wednesday prior to Lunch Day.